

Annual Public Health Conference 2011

SPEAKER BIOGRAPHIES

Michael Matheson MSP, Minister for Public Health, Scottish Government

Michael Matheson MSP was born in Glasgow in 1970 and educated at St John Bosco Secondary School. He went on to study at Queen Margaret College, Edinburgh where he obtained a BSc in Occupational Therapy. He also holds a BA and a Diploma in Applied Social Sciences from the Open University.

Prior to becoming an MSP Michael practised as a Community Occupational Therapist with Stirling Council, Central Regional Council, and Highland Regional Council.

Michael was elected as the MSP for Falkirk West following the May 2007 elections. Previous to that he was a Regional MSP for Central Scotland from 1999-2007. Before being appointed Minister for Public Health and Sport Michael was Vice Convenor of the European and External Relations Committee. He also sat on the Scottish Parliament's Health and Sport Committee, and previously served on the Justice and Enterprise and Culture Committees.

He was re-elected at the May 5, 2011 election and thereafter appointed to his present Ministerial position.

He is married to Susan and has three sons, Sean, James and Daniel. Away from politics, Michael is a keen mountaineer, which has taken him to the Western Himalayas.

Professor David Hunter, Professor of Health Policy & Management, Durham University

David has been Professor of Health Policy and Management at Durham University since 2000 where he is director of the Centre for Public Policy and Health in the School of Medicine and Health and a Wolfson Fellow in the Wolfson Research Institute. He is also Deputy Director of FUSE, the UKCRC Centre for Translational Research in Public Health. He mainly undertakes research on aspects of health system policy and practice. He has just completed a study of partnerships in public health funded by the NIHR SDO Programme. He co-leads a Leadership for Improving Health and Wellbeing Programme. He is currently an advisor to WHO Europe on its forthcoming health strategy, Health2020. David is an Honorary Member of the Faculty of Public Health, and a Fellow of the Royal College of Physicians of Edinburgh. He was Chair of the UK Public Health Association between 2004 and 2009. He was an adviser to the Marmot review of health inequalities between 2009 and 2010. Among his various responsibilities, David is: • a Non Executive Director on NICE's Board with special responsibility for public health. • Member of the Glasgow Centre for Population Health's External Advisory Group.

Professor Sir Lewis Ritchie, James Mackenzie Professor of General Practice, University of Aberdeen

Lewis Ritchie is Mackenzie Professor of General Practice at the University of Aberdeen and is a graduate in Chemistry and Medicine (Aberdeen), and in Community Medicine (Edinburgh). He is vocationally trained in both general practice and public health and serves as a practising GP at Peterhead Health Centre/Community Hospital. He is also an Honorary Consultant in Public Health Medicine with NHS Grampian (previously Consultant). He wrote the book Computers in Primary Care and his major professional interests have been cardiovascular prevention, immunisation and the optimal application of information technology/eHealth. He presently chairs the Scottish Medical and Scientific Advisory

Committee (SMASAC) and has a specific focus on promoting professionalism, excellence and leadership in the Scottish Health Service.

Patrick Sachon, Health Programme Manager, Met Office

Patrick Sachon - Business Manager - Health Patrick has a degree in Chemistry from the University of Wales and worked in the chemical industry for a number of years, first in research roles and then moving onto sales and marketing. Patrick joined the the Met Office in 1999, fulfilling a lifetime ambition after originally writing to them for advice on recruitment when he was age 11! Patrick has worked in a number of areas across the Met Office including Defence, meteorological systems sales and then joining the Health team in late 2004. Patrick's main focus since joining the Health team has been to develop the Met Office's COPD Health Forecasting service to deliver maximum benefit to patients and the NHS. This work has centred on developing the Healthy Outlook service, an automated alert service to warn people with COPD of periods of increased risk to their health during the winter. As Business Manager for Health, Patrick has now oversees all of the Met Office health business, including pollen forecasting, UV index, the Heatwave Plan, continued development of services for people with COPD and development of funded research projects to develop an improved understanding of the impacts of the weather on people's health. Patrick's main aim from attending the workshop with the Wellcome Trust is to understand how the Met Office could work together with the Trust, the University of Exeter and others to develop an improved understanding of the impact of the weather on people's health at home at overseas, and to see whether services can be developed and piloted to help mitigate individual or population weather - health risk

Dr Gabriel Scally, Regional Director for Public Health, South West Region of England

Dr Gabriel Scally has been Regional Director of Public Health for the South West region of England since 1994 and in October 2011 became Director of Public Health for NHS South of England, which covers the former South West, South Central and South East Coast Strategic Health Authorities. He was born, brought up and educated in Belfast and having studied medicine went on to train in general practice and in public health. He was Chief Administrative Medical Officer and Director of Public Health in the Eastern Health and Social Services Board from 1986 to 1993. As well as his lead role for NHS South of England Gabriel also leads the public health team at the Department of Health South West and has responsibilities across the broad field of public health and social care including health intelligence, health protection and health improvement programmes. Gabriel is a non-executive director of the National Treatment Agency for Substance Misuse and holds two visiting chairs at the University of the West of England. He has co-authored the standard textbook on public health, has edited a further book, contributed chapters to several and authored a substantial number of papers in professional journals. Apart from public health, major interests are cycling and London Irish Rugby Football Club.

Professor Anne Ludbrook, Professor of Health Economics, University of Aberdeen

Professor Anne Ludbrook is Theme Leader for the Health Behaviours and Inequalities theme in the Health Economics Research Unit, University of Aberdeen. She is a graduate of the University of York, where she also worked as a research fellow for three years. Following an appointment as Economic Adviser at Grampian Health Board, she joined HERU in 1983. Her current research interests are focussed around the use of economics in health improvement, with a particular interest in alcohol, obesity and smoking. She led an evidence review on the health and economic impacts of smoking in public places, which informed the decision to introduce legislation in Scotland. She was a member of the Programme Guidance Development Group responsible for NICE guidance on Alcohol Use Disorders Prevention and has been examining the impact of minimum pricing for alcohol on different income

groups. Research commenced this year on analysing food choice behaviour and potential mechanisms of change, in collaboration with the Rowett Institute for Nutrition and Health.

Professor Mike Lean, Professor of Human Nutrition, University of Glasgow

Professor Lean holds the Chair of Human Nutrition at the University of Glasgow and Consultant Physician at Glasgow Royal Infirmary. He trained in medicine at the University of Cambridge and St Bartholomew's Hospital subsequently specialising in general medicine, diabetes and endocrinology. His postgraduate research training was mostly at Cambridge and Aberdeen. His early clinical training was mainly in Aberdeen, but he returned to Cambridge to join the Medical Research Council and University of Cambridge Dunn Nutrition Unit. There he embarked on a research career in nutrition, specialising in diabetes, and in obesity and energy balance, which included writing a thesis on brown adipose tissue in humans. In 1990, he was appointed to his present position, to lead and develop a new university department of Human Nutrition, teaching and directing research into human nutrition and its impact on many different aspects of health and medical practice, with an increasing team of research colleagues. His research has had high impact, with H-score 50 and over 57 citations for 324 published papers. Professor Lean has increasingly become involved in public health and health promotion measures to prevent disease, and to promote good health through health eating, including writing a weekly column for the Sunday Herald in 2001-2002. From 1995 to 2003, he was a non-executive director of the Health Education Board for Scotland. He has published over 200 peer-reviewed original papers and similar numbers of academic reviews and clinical guidelines for evidence-based practice. He was central to the Scottish Diet Working Group and a co-author/advisor of the Diet Action Plan and SIGN guidelines on Obesity published in 1996 and 2010. From 2002 to 2007, he was Chairman of the Advisory Committee on Research of the Food Standards Agency (London) and he was on the expert advisory panel of the Joint Health Claims Initiative, which evaluated the Health Claims made by the food industry for foods. He was a founder of Counterweight, the national primary care weight management programme and has a major role in its research outputs, and completed a 6-month Leverhulme fellowship in Denver, Colorado, to develop approaches for preventing obesity and its clinical consequences, and engaging both government and industry partners. This work is seeing fruitful progress in New Zealand, through his founding involvement in the Centre for Translational Research in Chronic Diseases at the University of Otago

Sir Graeme Catto, Emeritus Professor of Medicine, University of Aberdeen

Sir Graeme Catto Graeme Catto is President of the College of Medicine and Chairman of the Scottish Stem Cell Network and the Better Regulation Group, Universities UK. A former President of the General Medical Council, he was Vice-Principal at King's College London, Dean of the Guy's, King's College and St. Thomas' Hospitals' Medical & Dental School and Pro-Vice Chancellor, University of London. After graduating in Medicine from the University of Aberdeen, he obtained a Harkness Fellowship from the Commonwealth Fund of New York to study at Harvard University. He is an honorary physician with an interest in renal medicine and has published widely on different aspects of nephrology and immunology. Formerly Chief Scientist at the Scottish Executive Health Department, Dean and Vice Principal at the University of Aberdeen and Governor of the Science Technology Park in Qatar, he is currently President of the Association for the Study of Medical Education. Married to a lawyer, Graeme Catto has two children, six grandchildren and two English setters. He enjoys the hills and glens of Scotland.

Sir Harry Burns, Chief Medical Officer, Scottish Government

Harry Burns graduated in medicine from Glasgow University in 1974. He trained in surgery in Glasgow and developed a research interest in the metabolic consequences of illness and injury. He was appointed Honorary Consultant Surgeon and Senior Lecturer in Surgery in

the University Department of Surgery at the Royal Infirmary in Glasgow in 1984. Working with patients in the east end of Glasgow gave him an insight into the complex inter-relationships between associate economic status and illness. He completed a Masters Degree in Public Health in 1990 and shortly afterwards was appointed Medical Director of The Royal Infirmary.

In 1994, he became Director of Public Health for Greater Glasgow Health Board, a position he occupied until 2005. During his time with Greater Glasgow Health Board he continued research into the problems of social determinants of health but also worked on measurement of outcomes in a variety of clinical conditions, including cancer. In 1998, he took a part-time appointment with the Health Department in the Scottish Government and worked for 3 years as lead clinician in Scotland for cancer care. In the course of this work he developed Managed Cancer Networks and helped re-organise cancer services in Scotland.

In 2005, he became Chief Medical Officer for Scotland where his responsibilities include aspects of public health policy and health protection. He also has policy responsibility for sport in Scotland.